

College is Challenging. Caring for Your Eyes is Easy.



Eye care is healthcare. Discover four reasons you should prioritize your eye health and enroll in VSP® through Michigan State University.



MICHIGAN STATE
UNIVERSITY

1. To Keep an Eye on Your Overall Health.

Eye health and vision problems may develop without any obvious signs or symptoms. An in-person, annual eye exam can detect early signs of vision changes *and* up to 270 chronic conditions.¹

2. To Support Your Academic Success.

It is estimated that as much as 80% of classroom learning is visual.² Even if you feel you see fine, an eye doctor can detect undiagnosed or changed prescription needs, helping you see your best and do your best in the classroom.

3. To Defend Your Eyes from Digital Eye Strain.

As a student, you likely spend a lot of time working on computers. This increased screen time can put your eyes into overdrive. An eye doctor can help you defend your eyes against device glare and blue light, and give tips on how to protect your eyes from overwork.

4. To Save Money.

We know budgets can be tight. VSP members get access to more than \$3,000 in savings through Exclusive Member Extras, such as an additional \$50 to spend on Featured Frame Brands.⁺ Visit **vsp.com/offers** for details.

Take the Next Step

Learn more about the vision plan available to you, view helpful resources such as key insurance terms, enroll in coverage, and more, online at **msustudents.vspforme.com**.

Visit **msustudents.vspforme.com** or call **800.400.4569**.

*Available to VSP members with applicable benefits. Frame brands and promotions are subject to change.

¹ See the Full Picture of Your Health with an Annual Comprehensive Eye Exam, American Optometric Association

²UCLA Study: Impact Analysis of Vision to Learn, Vision to Learn Organization

To learn about your privacy rights and how your protected health information may be used, see the VSP Notice of Privacy Practices on **vsp.com**.

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